Outline for Undergraduate Peer Leader Report

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1. Introduction (1-2 paragraphs):
   1. Context statement and definition sentence: Undergraduate students at the University of Waterloo usually feel stressful because of the very competitive culture on campus (Pan, 2018).
   2. Background information:
      1. Undergraduate students at the University of Waterloo often feel stressful and want to find someone to talk.
      2. It’s important for students to maintain a good mental status, which can help students become successful in the future.
   3. Purpose statement: The University of Waterloo is trying to reduce undergraduate students’ stress level and improve their mental health status. The “Undergraduate Peer Leader” program is proposed to solve this problem.
2. Driving forces (1 paragraph):
   1. Topic sentence: The University of Waterloo are trying to provide undergraduate students a healthy and balanced life.
   2. A list of reasons: 3 point-form details (cited information if available)
      1. Healthy mental status can help students become successful in their study and their life.
      2. It’s difficult for every student to get counselling servers. There are 37 counsellors on campus, while more than 30 thousand undergraduate students are studying at the University of Waterloo (Monteiro, 2018).
      3. It’s possible for senior students and junior students to get connected and talk with each other.
   3. Summary statement: To improve UW undergraduate students’ mental health, it’s necessary to set up a mentorship program.
3. Description (paragraph one):
4. Topic sentence: Counselling services at UW cannot meet the undergraduate students’ requirement (Lam, 2018).
5. Supporting details:
   1. Counsellors cannot represent the diversity of students (Lam, 2018).
   2. Counsellors cannot understand the true desire of students.
   3. Counsellors cannot provide services to all the undergraduate students because of the population.
6. Summary statement: The current counselling service at the University of Waterloo is problematic and can hardly reduce the undergraduate students’ stress level.
7. Description (paragraph two):
8. Topic sentence: The BASE Peer Leader program at Renison University College provide social and academic help to students in the Bridge to Academic Success in English (“BASE Peer Leaders,” n.d.).
9. Supporting details
10. It’s easier to find a senior student and a junior student who share a similar background.
11. BASE Peer Leaders are senior undergraduate students who can understand the suffering of junior students.
12. There are lots of Senior students who can fill the role of peer leaders.
13. Summary statement: The BASE Peer Leader Program can be borrowed by the University of Waterloo to solve the mental health issue.
14. Recommendations:
    1. Set up the Undergraduate Peer Leader program.
    2. Hiring those senior students who are willing to make friend with junior students as peer leaders.
    3. Let the Peer Leaders and junior students get matched with each other and have communication with each other.

References

BASE Peer Leaders. (n.d.). Retrieved from https://uwaterloo.ca/campus-wellness/services/base-peer-leaders

Lam, P. (2018). UW hires 7 more mental health staff but students say that’s not enough | CBC News. Retrieved November 25, 2018, from https://www.cbc.ca/news/canada/kitchener-waterloo/university-waterloo-mental-health-counsellors-hire-1.4767234

Monteiro, L. (2018). UW to spend $1.2 million to add more mental health counsellors | TheRecord.com. Retrieved November 25, 2018, from https://www.therecord.com/news-story/8324385-uw-to-spend-1-2-million-to-add-more-mental-health-counsellors/

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